TalkEdUVT 2026

SECOND EDITION | VOICES SHAPING LEARNING

"Ideas change the world. But what's the point if they're not discussed together?"



Prof. Dr. Martin H. Daumiller
&
Johanna Ott

WEBINAR 4

What Drives University Teachers? Achievement Goals, Teaching Quality, and Academic Wellbeing

What motivates university teachers, and how do their professional goals shape the quality of their teaching, research, and academic wellbeing? Drawing on recent research in educational psychology, this webinar explores how academics' achievement goals influence their instructional practices, professional engagement, performance, and wellbeing. Particular attention is paid to the interplay between teaching and research responsibilities, the conditions that foster adaptive motivation, and the challenges of increasingly digital academic environments. Participants will gain research-informed insights and practical strategies for reflecting on their own professional goals, enhancing teaching quality, and supporting sustainable and meaningful academic careers.

Monday, 7 December 2026 (tentative) | **16:00–17:00 EET / 15:00–16:00 CET**

University of Freiburg, Germany

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Register for this webinar

Registration form: https://e-uvt.questionpro.com/t/APOOYZBAQMB

Join the session on Google Meet: https://meet.google.com/zft-nsbv-gbv

About the speakers

Prof. Dr. Martin H. Daumiller is Full Professor and Head of Educational Psychology at the University of Freiburg, Germany. His research focuses on motivation, achievement goals, self-regulated learning, feedback, instructional quality, and professional development in educational and academic contexts. He coordinates the EARLI Special Interest Group on Motivation and Emotion (SIG 8) and serves as Associate Editor of the British Journal of Educational Psychology. His work bridges educational psychology and academic practice, translating scientific insights into effective and sustainable teaching, learning, and professional development.

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Dr. Johanna Ott is a researcher and lecturer in Educational Psychology at the University of Freiburg and a doctoral researcher at the University of Augsburg, Germany. Her research focuses on academic motivation, particularly the development of researchers' achievement goals and their individual and contextual determinants. She investigates how professional goals relate to academic performance, goal pursuit, goal attainment, and wellbeing across different career stages. Her work contributes to understanding how motivational processes can support sustainable academic development and professional engagement.

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